



Weekly menu 31 March to 4 April 2025



Monday

Corn and green salad / celery salad / green salad

Vegetarian steak, homemade ketchup
Or Stuffed veal roast, rosemary jus
Roast apples / green beans / parsnips



Vanilla cream / chocolate chip cookie

Tuesday

Asian salad / pasta salad / batavia salad

Chicken thigh with honey and soya
Or Roast pork with mustard
Wholemeal rice / Asian pan / Roman beans



Cheese stick / raspberry yoghurt / mango salad

Wednesday

Russian salad / carrot salad / mixed salad

Turkey Viennoise with calypso sauce
Or Scrambled eggs with mushrooms and herbs
Barley with tomato / peas / butternut purée



Sugar waffle / pineapple salad

Thursday

Cream of carrot soup / mint tabbouleh / mixed salad

Gratin of cornettes with vegetables
Or Beef meatballs with baby vegetables
Broccoli / Artichoke barigoule



Kiwi salad / roasted apple and speculos / quark

Friday



Waldorf salad

Hake fritters with tomato sauce
BOWL OF RICE
Rice / vegetables



Gala apple



Ces menus sont validés par notre responsable nutrition. Bon appétit !



Weekly menu 7 to 11 April 2025



Monday

Salad selection Novae GRTA / tomato salad / mushroom salad

Sliced beef with balsamic vinegar
or Perfect egg chakchouka
Wheat puffs / Romanesco cabbage / cube of celery



Orange salad / compote / fromage blanc and mango coulis

Tuesday

GRTA Chinese cabbage salad / half a hard-boiled egg with mayonnaise / green salad

Mini spring rolls, sweet and sour sauce
Or Veal stew with asparagus
Cantonese rice / peas / parsnips



Plain yoghurt / chocolate brownie

Wednesday

Carrot salad / cucumber salad / green salad

Minced lamb with aubergine
Or Bite of vegetables with yoghurt sauce and GRTA herbs
Mashed apples / roast aubergines / butter beans



Strawberry apple compote / caramel cream / organic banana

Thursday

Coleslaw salad / corn salad / mixed salad

Chicken kebab with oriental spices and white sauce
Or Spring-style pork stew
Quinoa / tomato, cucumber and onion salad / mixed vegetables



Tropezienne tart / lemon mousse

Friday

GRTA beetroot salad / pasta salad / batavia salad

Spinach cannelloni with ricotta au gratin
Or Multigrain hake aiguillettes with barbecue sauce
Steamed apples / yellow carrot / leek



Diced pineapple / Liège chocolate / roasted pear and speculos



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Weekly menu 14 to 17 April 2025



Monday

Cucumber salad / red cabbage salad / green salad

Navarin of vegetables with seitan, coconut curry cream
Or Mitonné of lamb in a dried fruit tagine
Semolina / oriental vegetables / red cabbage



Vanilla Tam Tam / Strawberry sorbet

Tuesday

Carrot salad / green bean salad / mixed salad

Chicken nuggets with cocktail sauce
Or Wheat fingers with feta and spinach
Pasta / broccoli / beetroot



Mini tomme with cream / caramel yoghurt / pear

Wednesday

Tomato salad / endive and cheese salad / green salad

Medallion of salmon with lemon sauce
Or Sliced pork fried with ginger
Wholemeal rice / creamed spinach / Asian fricassee



Apple compote / kiwi salad / quark

Thursday

GRTA green salad / mixed vegetables / tomato salad

Beef burritos with corn and red beans
Or Tofu crispy with garlic and herb sauce GRTA
Polenta / green beans / herbed carrots



Red fruit mousse tartlet / Easter chocolate

Friday



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